



## 12 Hour Paediatric First Aid Course Description

### Aims & Objectives

The aims and objectives of the 12 Hour Paediatric First Aid course are to enable those persons working within childcare with a sound knowledge and understanding of adult, child and baby first aid procedures. All attendees will also be able to recognise childhood medical conditions and carry out the correct emergency treatment required until medical professionals arrive to assist.

### General Information

Maximum of 12 attendees per Instructor

Cost of On Site Training - £699\*+ vat for the complete training package including comprehensive training manual, certificate and all training aids for use throughout the course.

\*Please add an additional 10% for courses within London (please contact the office for a definition of this area)

### Course Duration

12 Hours

This can be broken down into bite size chunks of training to suit your requirements. Training must be completed over a maximum of six weeks.

### Delivery Technique

This course is delivered via a range of techniques including;

- ❑ Instructor Led Presentation
- ❑ Group Practice
- ❑ Group Discussion
- ❑ PowerPoint
- ❑ Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

### Course Assessment

This course is subject to ongoing assessment by the Instructor throughout the course. There is a multiple choice theory assessment along with a short practical assessment on the final session of the training. All assessments are carried out in a low stress environment by the Instructor leading the course.

### Course Certification

All successful attendees will be awarded a certificate which meets all the requirements laid down by Sure Start and OFSTED, this certificate is valid for three years.

### What do I need to host this course on site?

- ❑ A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

# 12 Hour Paediatric First Aid - Course Content and Approx Timetable

## Day One

09.00 – 09.30	Introduction & Course Administration
09.30 – 09.45	First Aid in the Childcare Environment
09.45 – 10.15	Primary Assessment
10.15 – 10.45	Recovery Position
10.45 – 11.00	Break
11.00 – 11.30	Secondary Assessment
11.30 – 12.45	CPR – Adult / Child & Baby
12.45 – 13.15	Lunch
13.15 – 14.00	Choking – Adult / Child & Baby
14.00 – 14.30	Burns & Scalds
14.30 – 14.50	Head & Spinal Injuries
14.50 – 15.00	Foreign Bodies in Eyes / Ears & Nose
15.00 – 15.15	Bites & Stings
15.15 – 15.30	Eye Injuries

## Day Two

09.00 – 09.20	Recap of Day One
09.20 – 10.05	Bleeding & Wounds
10.05 – 10.20	Shock Management
10.20 – 10.45	Fractures & Dislocations
10.45 – 11.00	Break
11.00 – 11.15	Poisoning
11.15 – 11.30	Epilepsy & Febrile Convulsions
11.30 – 11.45	Diabetes
11.45 – 12.00	Anaphylactic Shock
12.00 – 12.15	Electrical Shock
12.15 – 12.30	Asthma
12.30 – 13.15	Lunch
13.15 – 13.45	Conditions of Heat and Cold
13.45 – 13.55	Meningitis
13.55 – 14.05	Sickle Cell Anaemia
14.05 – 14.30	Questions and Answers
14.30 – 14.50	Assessments
14.50 – 15.00	Course Closure and Evaluation

Please note that this session plan shows a course broken down into two sessions however we are also able to deliver this over four three hour sessions.