

## First Aid at Work Instructor Course Description

### Aims & Objectives

The aims and objectives of the First Aid at Work Instructors course are to equip the attendee with the skills and knowledge required to teach and assess HSE First Aid courses. Upon successful completion each successful attendee will be qualified to teach / assess the following courses under the Enhance Training licence.

- HSE First Aid in the Workplace (Full and Requalification) – Teach and Assess
- Appointed Person in the Workplace
- 12 Hour Paediatric First Aid (Meets OFSTED Requirements)
- 3 Hour Emergency Responder

See timetable below for full list of topics covered.

### General Information

Cost for Individual Enrolling on a Course - £399 + vat

Cost of On Site Training - £1999 + vat (Maximum of 10 attendees per Instructor)

There are no further costs associated with our Instructor course **we do not charge** for the Power Point presentations this is all part of our comprehensive package.

### Pre Requisites

- Current HSE First Aid at Work Qualification
- Training Qualification / Experience
- Experience of carrying out First Aid

### Course Duration

3 Days

### Delivery Technique

This course is delivered via a range of techniques including;

- Instructor Led Presentation
- Group Practice
- Group Discussion
- PowerPoint
- Video Presentation

The amount of different methods of presentation is flexible to suit the needs of the group.

### Course Assessment

All attendees are required to undertake a CPR practical assessment and a multiple choice question paper on the first day of the course and each will also be assessed on their own presentation skills throughout the course.

### Course Certification

All successful attendees will be awarded a certificate valid until 31<sup>st</sup> December of current year – this will be renewed for free annually upon proof of current First Aid at Work Certificate and training log showing at least 24 hours certificated teaching per annum.

**What do I need to host this course on site?**

- A room that will comfortably seat your amount of attendees and allow for floor practice for the duration of the course

## First Aid at Work - Course Content and Timetable

<p>Aid</p> <p><b>Day One</b></p>	09.30 – 09.45	Introduction & Course Administration
	09.30 – 09.45	Overview of the Course and Timetable
	09.45 – 10.00	Introduction to Enhance Training
	10.00 – 11.00	Theory & Practical Assessment of First Knowledge
	<b>11.00 – 11.15</b>	<b>Break</b>
	11.15 – 12.00	Introductory 5 minute Presentations
	12.00 – 12.15	What makes a Good Instructor ?
	12.15 – 12.30	Essential Skills of an Instructor
	<b>12.30 – 13.15</b>	<b>Lunch</b>
	13.15 – 13.45	Elements of Running a Successful Course
	13.45 – 14.30	Pre Course / On Course and Post Course Administration
	<b>14.30 – 14.45</b>	<b>Break</b>
	14.55 – 15.45	Visual Aids
	15.45 – 16.15	PowerPoint Presentations
16.15 – 16.30	Questions and Answers	
<p><b>Day Two</b></p>	09.00 – 09.20	Recap of Day One
	09.20 – 10.00	Running a Successful Assessment
	10.00 – 10.45	Casualty Simulation
	<b>10.45 – 11.00</b>	<b>Break</b>
	11.00 – 12.30	Paediatric BLS (Practical Session)
	<b>12.30 – 13.15</b>	<b>Lunch</b>
	13.15 – 15.30	Student Led Practical Presentations
	<b>15.30 – 15.45</b>	<b>Break</b>
	15.45 – 16.15	First Aid at Work Assessment (Practical Session)
	16.15 – 16.30	Questions and Answers
<p>Syllabus)</p> <p><b>Day Three</b></p>	09.00 – 09.20	Recap of Day Two
	09.20 – 10.00	Training Equipment Requirements
	10.00 – 10.45	First Aid at Work (Full and Refresher
	<b>10.45 – 11.00</b>	<b>Break</b>
	11.00 – 11.20	Appointed Person Syllabus
	11.20 – 11.40	Paediatric First Aid Syllabus
	11.40 – 12.00	Emergency Responder Syllabus
	12.00 – 12.30	Helpful Tips and Tricks
	<b>12.30 – 13.15</b>	<b>Lunch</b>
	13.15 – 14.45	Student Led Theory Presentations
	<b>14.45 – 15.00</b>	<b>Break</b>
	15.00 – 15.30	Ongoing Support Package
	15.30 – 16.00	Administration and Instructor Handbook
	16.00 – 16.15	Questions and Answers
16.15 – 16.30	Course Closure and Evaluation	